

Just the Facts

TOTAL RESIDENCES

Independent Living	181
Assisted Living	26
Memory Care	13
Rehabilitation & Skilled Nursing	22

AVAILABLE INDEPENDENT LIVING CONTRACTS

- Type A – Life Care
- Type C – Fee for Service
- Rental

A PLACE FOR YOU

Full continuum of care is available with Independent Living, Assisted Living, Memory Care and Rehabilitation.

A **PET FRIENDLY**, senior community with flexible financial options including Rental, Life Care and Fee-For-Service. Shared spaces that incorporate the best design elements of the community's mid-century modern roots to today's conveniences featuring; an elegant lounge, **CREATIVE ARTS STUDIO** and gallery, library, billiards rooms, auditorium, and even a computer center.

Your own backyard includes **14 ACRES OF WALKING TRAILS**, mature trees and lush landscaping.

FOOD FOR THE SOUL

Dining options and venues to match your mood

W LOUNGE – The place to be for a cocktail or to enjoy our pub menu while watching the game

THE MARK – Dine in style every night with an ever changing menu and sweeping views

GALLERY CAFÉ – Breakfast and lunch in a cozy bistro setting

A FULL LIFE

Indulge your interests and discover new ones with almost 100 monthly classes, concerts, outings and events, including **WATERMARK UNIVERSITY**.

Keep your body and mind fit in our **VITALITY FITNESS CENTER** with your own personal trainer, state-of-art equipment and yoga studio.

Treat yourself with everything from a pedicure at **INDULGE – A SALON AND SPA** to a swim in your own indoor heated pool to room service in your residence.

Welcome friends and family to share the experience in one of our **GUEST SUITES** or even let us cater an event.

LET US DO THE WORK

Enjoy your home knowing that **EVERYTHING IS TAKEN CARE OF**. From security to maintenance to housekeeping to staff at your beck and call 24 hours per day.

Keep your car in the **COVERED PARKING GARAGE** spot or garage or let us do the driving.

Watch the fall leaves display knowing that you don't have to lift a finger. Our landscapers keep all **14 ACRES** in pristine order.

Make your **MOVE STRESS-FREE** with our Best Move program and move-in coordinators.

INDEPENDENT LIVING AT THE TOWN CENTER

Oversized windows with stylish window treatments

Modern kitchens with solid surface countertops

Single and double balconies, some with views of The Sound

Chef prepared meals and restaurant style dining

Maintenance services and transportation services

Weekly residence housekeeping and flat linen service

Dynamic calendar of classes, activities and outings including Watermark University

Wellness programs including exercise classes, personal trainers and aqua fitness classes

Preventative health screenings and education programs

Personal resident call system

In-suite washer and dryer in select residences

All Utilities including local telephone (except basic cable)

On-campus Assisted Living, Memory Care or Rehabilitation & Skilled Nursing care, if ever needed



INDEPENDENT LIVING AT THE COTTAGES

Large great room with vaulted ceiling, gas fireplace with marble and stone surround
Spacious open-design kitchen with farmhouse style sink, modern appliances and solid surface countertops
Covered patio
French doors
Wet bar
Master bedroom with vaulted tray ceiling and walk in closet
Master bath with double vanity and heated floor
Second bedroom and full guest bath
Single car garage with storage space
In-suite washer and dryer
Gas fireplace with marble and stone surround
Several optional upgrades including hardwood flooring
\$400 per month community credit
Maintenance services and transportation services
Weekly residence housekeeping and flat linen service
Access to all community amenities and services

ASSISTED LIVING AT THE INN

Spacious private apartment including private bathroom, shower and kitchenette
Three chef prepared meals daily with Registered Dietitian oversight
All personal and flat laundry
Daily tidying and weekly housekeeping
Transportation and maintenance services
Dynamic calendar of classes, activities and outings including Watermark University
Diverse wellness program including aquatic programs in an indoor heated pool
Wireless personal call system
All utilities including local telephone and basic cable
Medication administration
Health care management and monitoring
On-site physician
One hour of personal assistance per day included
Personalized service plans
On-site Social Services Director providing counseling and referral services
On-campus Memory Care or Rehabilitation & Skilled Nursing care, if ever needed

MEMORY CARE AT THE GARDENS

Intimate neighborhood of 13 secure private suites with private bathrooms and showers
Three nutritious meals per day
Lush secure memory garden
Healthy snacks 24 hours per day
24-hour specially trained memory care staff
All utilities including local telephone and basic cable
Health care management and monitoring
On-site physician
Personalized service plans
Housekeeping, maintenance and transportation services

REHABILITATION AND SKILLED NURSING

Three restaurant style meals prepared daily
Personal ambassador program
Registered Dietitian oversight
Service plans customized to your needs
24-hour staffing with Registered Nurse
Health care management and monitoring with physician oversight
Resident call system
Flat screen televisions
Scheduled transportation
Diverse wellness program including classes and therapies in our heated indoor pool
Luxurious semiprivate suites
On-site physical, occupational and speech therapy

CLINICAL CAPABILITIES

Physical therapy, occupational therapy and speech therapy. Pain, Edema, Stroke or CVA, Fractures, Hip and Knee Replacements, Joint Replacements, Decreased Function or Muscular Weakness, Problems with Balance and Coordination, Self-care, Continence Management, Home Management, Visual Impairments, Aphasia, Dysarthria, Dysphagia and more.



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In the center of it all, located on Park Avenue on the Bridgeport/Fairfield border.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | SKILLED NURSING & REHABILITATION

